

**SAPAC Workshop Evaluation
Women's Gymnastics
[1990s]**

Number of respondents: 18

1. How much did you learn from this training? (1=Nothing, 7= A lot)

Average: 4.889

2. How important do you think it is to have this kind of workshop? (1=Not important, 7=Extremely important).

Average: 6.222

Comments – How much did you learn from this training?

- This meeting reaffirmed many concepts that I had already learned about.
- I have done many of these but I realize the importance of reinforcing these issues.
- Gave a lot of great and needful information for those who “act” like they don't care.

Comments – How important do you think it is to have this kind of workshop?

- This always needs to be reiterated.

3. Video/case studies

LIKES:

- It showed the typical situation for a college party. It showed both sides of the reactions.
- Provided a lot of info.Gave situation I could relate to.
- Showed a real scenario. Had both sides of the story.
- I like the idea and what they tried to portray.
- Realistic situation that pertains us.
- Realistic college situation. Got point across.
- Got point across. Shows all types of friends.
- I like the many different opinions and viewpoints shown in the video.
- It's good to show a video that depicts the subject matter.
- Very thought-provoking and realistic.
- Situation was realistic.
- Seemed to depict reality.
- It definitely happens. The video shows how sketchy both sides of the stories can be.
- Stereotypical situation draws good discussion.
- Seeing both male and female sides.
- All the different people and opinions.
- Good that it shows how both male and female perceive it.

DISLIKES:

- A little outdated. Could show a few different situations.
- A little fake (to be expected though).
- A little outdated (2).
- The poor acting.
- Outdated. Less stereotypical.
- The friends were fake.

- Maybe do questions of different people on the street, (what they know and don't know).
- Actors very kind of cheesy.
- I've seen things like this before.
- Dated, seen many similar videos.
- Just doesn't seem real.

4. Discussion

LIKES:

- Everyone shared good ideas. The ideas were some I didn't have.
- Rough subject brought up in a comfortable setting. Interesting and very informative.
- I heard lots of important myths. I know there is SAPAC or Greg if I need to talk.
- Group input.
- Interactive. Good atmosphere.
- Comfortable surroundings to talk about this topic. Very informative.
- Felt comfortable talking to the group. Covered variety of issues.
- Comfortable atmosphere. Interesting topics.
- Didn't last too long or draw things out too long.
- Very good debating issues, hearing opposing sides and views was good.
- Very interactive group. Excellent points made.
- Good questions.
- Interactive, good to hear other opinions.
- This is the type of info that is good to reiterate and for people to know where to go for help.
- Very comfortable group. Open ended.
- Group interaction.
- Everything.
- Good coverage of important areas.

DISLIKES:

- Too many people talking at the same time.
- Didn't have enough time.
- Drug a little in asking about myths, the various forms, etc. The material at the beginning.