

**SAPAC Workshop Evaluations**  
**Athletic Team Trainings**  
**[1990s]**  
**Summary**

**Total number of respondents: 214**

**Overall Averages (all teams except football):**

1. *How much did you learn from this training? (1= Nothing, 7=A lot).*  
Average: 4.758

2. *How important do you think it is to have this kind of workshop? (1=Not important, 7=Extremely important).*  
Average: 5.55

**Team Summaries:**

<u>Soccer</u> # = 22 Question 1: 5.182 Question 2: 6.045	<u>Men's Gymnastics</u> # = 15 Question 1: 4.733 Question 2: 5.133
<u>Women's Track</u> # = 16 Question 1: 5.125 Question 2: 6.688	<u>Women's Basketball</u> # = 14 Question 1: 5.571 Question 2: 6.357
<u>Women's Golf</u> # = 13 Question 1: 4.231 Question 2: 5.154	<u>Women's Gymnastics</u> # = 18 Question 1: 4.889 Question 2: 6.222
<u>Men's Golf</u> # = 9 Question 1: 4.778 Question 2: 4.667	<u>Men's Tennis</u> # = 9 Question 1: 5.667 Question 2: 5.333
<u>Men's Track and Cross Country</u> # = 40 Question 1: 2.65 Question 2: 4.35	
<u>Football Team</u> # = 58 <u>Overall evaluation of workshop (1=poor, 4 = excellent): 2.85</u>	