

**SAPAC Workshop Evaluation
Men's Gymnastics
[1990s]**

Number of respondents: 1

1. How much did you learn from this training? (1=Nothing, 7= A lot)

Average: 4.733

2. How important do you think it is to have this kind of workshop? (1=Not important, 7=Extremely important).

Average: 5.133

Comments – How much did you learn from this training?

- It was well presented and very informative.
- The open discussion was honest and comfortable.

Comments – How important do you think it is to have this kind of workshop?

- It is important to do this at this age group because is where it starts.
- It almost seemed like we were being talked to as potential perpetrators - like were being “talked out” of something.**
- The education of this topic is crucial especially among college males.**

3. Video/Case studies

LIKES:

- It was realistic for the most part.
- Very realistic subject matter.
- Showed point of view of male/female.
- Very realistic, hit home the subject matter. Saw both sides.
- Both points of view female/male. Sort of realistic.
- Informative.
- Realistic circumstances.
- It told what happened in real life.
- It was very realistic. It hit home.
- Very real (2)
- The video was very real. It displayed some key issues.

DISLIKES:

- The friends were too “by the book”.
- Some character’s actions seemed too textbook.
- Cheesy.
- The dialogue wasn’t very real.
- Doesn’t have a final answer.

4. Discussion

LIKES:

- Examples and in depth talk about the subjects. Clarity.

--Informative and open. Very comfortable discussing.
--Got people talking/thinking and some questions addressed/answered.
--Got to hear different opinions.
--Having female and male presence. Greg is awesome.
--Openness. Confidentiality.
--The discussion was very informative. The information was presented very well.
--People weren't afraid to speak out.
--It was informational. It wasn't too formal.
--I like the idea of having a group interacting with each other.
--Everything was necessary.
--Very good, honest discussion.

DISLIKES:

--Plain old shyness on an uncomfortable subject.
--Long and hot.
--Long.
--Some things sounded a little too basic.