

**SAPAC Workshop Evaluation  
Men's Gymnastics  
[1990s]**

**Number of respondents: 1**

**1. How much did you learn from this training? (1=Nothing, 7= A lot)**

Average: 4.733

**2. How important do you think it is to have this kind of workshop? (1=Not important, 7=Extremely important).**

Average: 5.133

Comments – How much did you learn from this training?

--It was well presented and very informative.

--The open discussion was honest and comfortable.

Comments – How important do you think it is to have this kind of workshop?

--It is important to do this at this age group because is where it starts.

--It almost seemed like we were being talked to as potential perpetrators - like were being "talked out" of something.

--The education of this topic is crucial especially among college males.

**3. Video/Case studies**

LIKES:

--It was realistic for the most part.

--Very realistic subject matter.

--Showed point of view of male/female.

--Very realistic, hit home the subject matter. Saw both sides.

--Both points of view female/male. Sort of realistic.

--Informative.

--Realistic circumstances.

--It told what happened in real life.

--It was very realistic. It hit home.

--Very real (2)

--The video was very real. It displayed some key issues.

DISLIKES:

--The friends were too "by the book".

--Some character's actions seemed too textbook.

--Cheesy.

--The dialogue wasn't very real.

--Doesn't have a final answer.

**4. Discussion**

LIKES:

--Examples and in depth talk about the subjects. Clarity.

- Informative and open. Very comfortable discussing.
- Got people talking/thinking and some questions addressed/answered.
- Got to hear different opinions.
- Having female and male presence. Greg is awesome.
- Openness. Confidentiality.
- The discussion was very informative. The information was presented very well.
- People weren't afraid to speak out.
- It was informational. It wasn't too formal.
- I like the idea of having a group interacting with each other.
- Everything was necessary.
- Very good, honest discussion.

DISLIKES:

- Plain old shyness on an uncomfortable subject.
- Long and hot.
- Long.
- Some things sounded a little too basic.