

**SAPAC Workshop Evaluation
Men's Track and Cross-Country
[1990s]**

Number of respondents: 40

1. How much did you learn from this training? (1=Nothing, 7= A lot)

Average: 2.65

2. How important do you think it is to have this kind of workshop? (=Not important, 7=Extremely important).

Average: 4.35

Comments – How much did you learn from this training?

--Most of this I knew before but it was a good reminder.

--A few issues that were covered were relevant and were important.

--I feel like I'm paying for someone else's behavior.

--I agree with the message, so there was no revelation.

--Need co-ed, to get other opinions.

--I think it might be more effective to provide facts and consequences rather than open arguments and answering questions with questions.

--Need I say "big dumb animals again"?

--It seemed like a lot of arguing and not real informational.

--Boring.

--I think that this should be focused on the sports that this actually happens to, and I think that we all know what those sports.

--Too much repetition in discussion.

--I see the points that you are trying to make, but I do not agree with them. For example, the point about begging for sex. I see the power in the woman's hands.

--The program was very elementary and needs work. The facilitator avoided some questions.

--This program was elementary and uninformative. More vivid examples closer to home (universities, athletics) might have made the presentation better.

--I have never entertained thoughts of this and never will.

--I learned nothing. My parents raised me well enough to know right from wrong. We are all adults. It is too late in life to tell us how to act. A younger crowd (i.e. high school or middle) should receive this, not us.

--This entire subject is not about who did what on [or] who didn't want it. It is about responsibility. I personally have not and will not have sex until I am married. If this is what the world followed, you wouldn't have problems. I think you should teach abstinence and self control. But I know this will never happen. You're giving rules on immorality. This is just my opinion.

--I thought this meeting was informative, interesting, and gave out some good information.

Comments – How important do you think it is to have this kind of workshop?

--This needs to be done at least every other year. Could be led by students.

--I think having the women's team with us would've helped.

--Everyone's opinion is already made on subject.

--I think the timing of this workshop is absolutely appalling. It's early March! I refuse to believe that this program was just put together. If it was, then a better effort needs to be made.

--There are too many opinions in one team to be able to share this sort of workshop.

- I personally think that this meeting was unnecessary and should have been given earlier in the year.
- One big argument.
- The idea is good but the workshop was not effective.
- Mediocre.
- Workshops are important, but they should address student athletes more directly. For example: how are Michigan student athletes prone to sexually assaulting women.
- For some people, but it was too long and opinionated. No statistics used were shown to us. Males just get the impression of being the target.
- This was a very poor time to do this. Football, basketball, and hockey are the sports you need to worry about most when discussing this subject. The athletes of these sports feel that laws do not apply to them, because they are so important to the University for making money. Oh, fraternities as well should be investigated.
- I think this is important to have but I think that it would be better if held with women's teams in the room too.
- This mandatory meeting cut into my study time, which is cut down enough by my participation in athletics. If you are going to have a meeting, make it optional, not mandatory. That is really unfair to the majority of us who are not assaulters or involved in these assaults.

3. Video/Case Studies.

LIKES:

- Painted vivid picture.
- Realism. (2)
- It depicted a real situation that has most likely happened or could happen.
- Showed common circumstances.
- The situation.
- Informational, real life situation.
- I thought it was a realistic portrayal.
- Good message, instructional.
- Was a very clear-cut case of sexual assault. Showed different reactions that seemed very realistic.
- Real situation.
- It had a valid idea behind it.
- Made a good point. Shows what can happen with alcohol.
- Interesting.
- Better than discussion.
- Covered both sides of the story.
- Brings up some good points.
- I thought the video was informative and showed what could happen.
- The video was cool.

DISLIKES:

- Cheesy, stereotypical. Presents too obvious a situation.
- Stereotypical situation.
- Should be rehearsed.
- Very stereotypic.
- The acting. Stereotypes.
- Sexist.
- I did not feel the film showed anything new.
- Extreme circumstance. Too extreme to take seriously.

- Bad acting.
- Stereotypical. The issues were too fed into the situation.
- Stereotyped fraternity parties and guys. If the presentation is for athletes, having athletic examples might be more realistic.
- Really bad acting. Maybe use a story less common.
- Old. Bad acting.
- The example that was shown was pure rape.
- The video was like an after-school special.
- Cliché.
- Too stereotypical, already knew what the video taught.
- Too fictional. The male side of the story was not given before the cop showed up. It ended with the impression the male was guilty.
- The video was awful. Too stereotypical.
- I didn't like how the video wasn't really that realistic. A little too fictional for me.

4. Discussion

LIKES:

- Good open dialogue.
- Openness.
- We got the basic idea covered. Should include girls but not from same sport.
- Informative. (3)
- "Talking" about the subject. The proctor or leader was fair.
- Brought out misconceptions among the group. Showed that the socialization in our community is widespread and very inconsistent between the sexes.
- Talked about things that applied to us and situations that could happen.
- Good opinions.
- Shows how both sides of stories seem to be rape.
- Good to get other's view.
- Some things were brought up that I haven't thought about before.
- Learned some stuff.
- The facilitators brought up good issues.
- Different points of views expressed. Lots of people participated.
- My one comment is this: I think this type of meeting is good and is [it] should be held but before school starts with all the sports teams. Also, I kind of find it hard to believe that this meeting has been in the works for a while. I think this was held due to certain things that have happened over the past couple months. Plus, I hope the women's sports teams get this talk.

DISLIKES:

- Became a little out of control.
- Need more female input. Would be good with Greg (or any male discussion co-leader).
- Grey area not defined. Impossible to.
- Too many opinions, not enough info.
- How we only had guy's opinions – need women's views.
- Not a woman's point of view.
- Too many opinions. Need girl's points of view.
- Everyone had opinion. No one would change theirs.
- Veering off topic.
- Sometimes the guys are too allowed to talk too much. Not taken seriously enough.

- Wasn't very organized. We got bogged down on several issues.
- Too long.
- Waste of time. I feel targeted as an athlete.
- Too much arguing.
- Too much repetition again. Need more/different aspects.
- Didn't go into depth enough.
- I just don't agree with everything you say.
- Big argument.
- They were not convincing. There were not any other women in the room. It would have been a better discussion.
- My questions weren't answered. I was blown off. There was no resolution.