

What: Food Sovereignty in Northern Minnesota; Building a Sustainable and Accessible Food System in This Region

Keywords: Food justice > Ethnic or racial dynamics, Food justice > Food security, Social collaborations > Development

When/Where: December 2009 (report), 2007-present? (Headwaters Food Sovereignty Council)
Concerns 10 north central MN counties: Becker, Beltrami, Cass, Clearwater, Hubbard, Itasca, Mahnommen, Pennington, Polk, & Red Lake (including 3 Indian Reservations; Red

Who: Dawn Plumer (CURA RA) & Headwaters Food Sovereignty Council
For the Headwaters Food Sovereignty Council & other groups/organizations wanting to improve community health through nutrition, using education and outreach programs

Why: To investigate how to use existing programs & funding to increase healthy food access in north central MN. By looking at area history, health, socioeconomics & existing programs (esp. those renewing connections to local food traditions)

How: Synthesized existing national & local data on nutrition-related health problems, health literacy, socioeconomics & transportation, and support programs (including some surveys of local residents & proprietors)