## LET'S TALK ABOUT THE PRODUCTS...

## ARBONNE ESSENTIALS PROTEIN POWDER

- Available in vanilla and chocolate
- It has 20 grams of Vegan protein from peas, cranberries and brown rice. -It's the most digestible and absorbable form of protein available! It has a complete amino acid profile, so it's great for muscle building!
- 20 essential vitamins and minerals, and 13 grams of complex carbs, which keeps you fuller longer
- Can be used as a complete meal replacement or after-workout recovery shake.
- Dr. Oz has a video on about the benefits of Pea Protein. He says it helps you stay fuller longer and it is known to reduce cravings, which is the #1 testimony we get from those who use our protein powder.
- Tastes great!!! (Mix with water or almond milk)
- We recommend 1 shake a day for weight management and 2 shakes a day for weight loss. You can also use it to make protein bars and snacks.

## ENERGY FIZZ STICKS A BETTER OPTION FOR CAFFEINE, COFFEE AND SODA

- I can't live without these!!! They have helped people kick the Diet Coke, coffee and Crystal Light addictions! They come in Pomegranate and Citrus flavors
- Instead of synthetic caffeine filled with chemicals, our caffeine comes from guarana and green tea, which are natural sources of caffeine. It's loaded with antioxidants
- Alkaline forming promotes proper pH.